

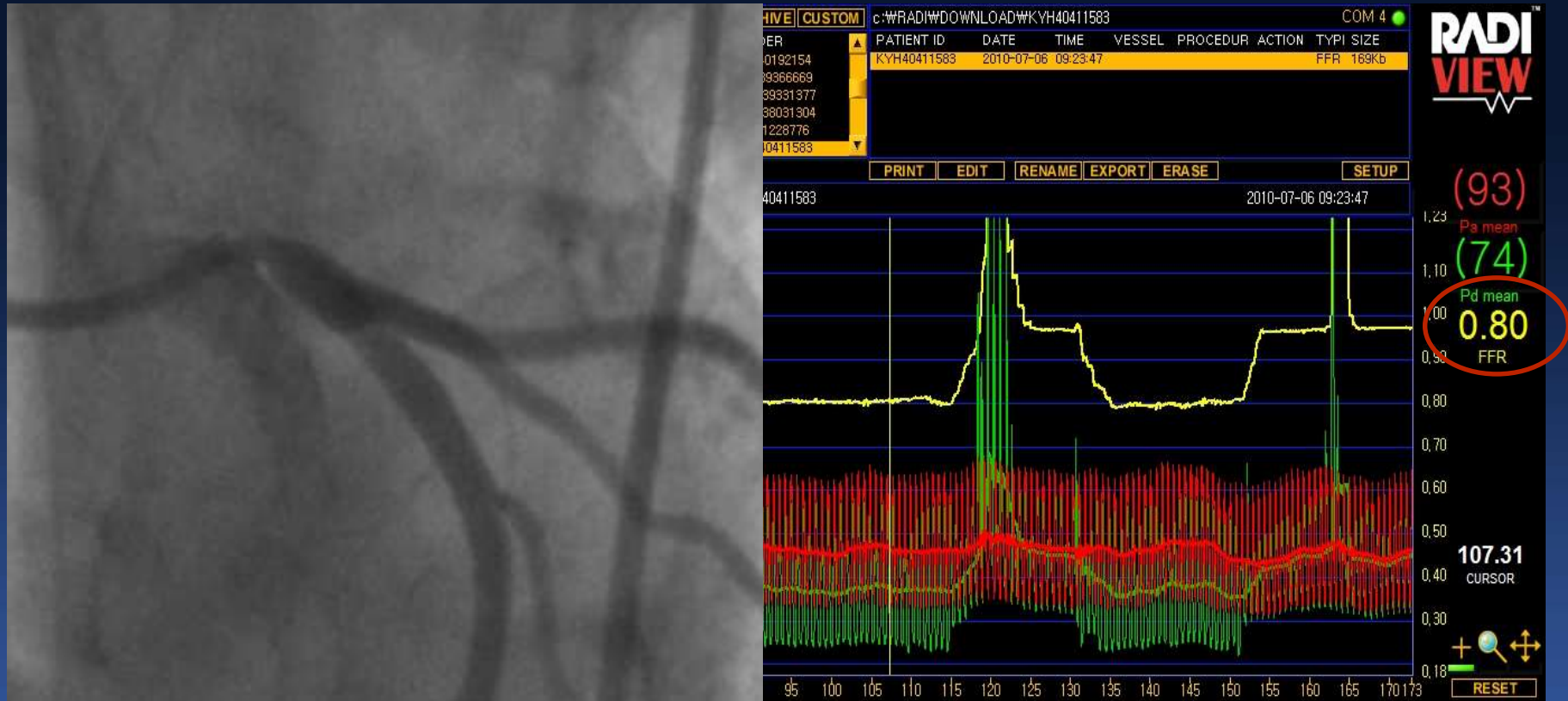
Left Main PCI; *Concept to Practice*

Seung-Jung Park, MD, PhD

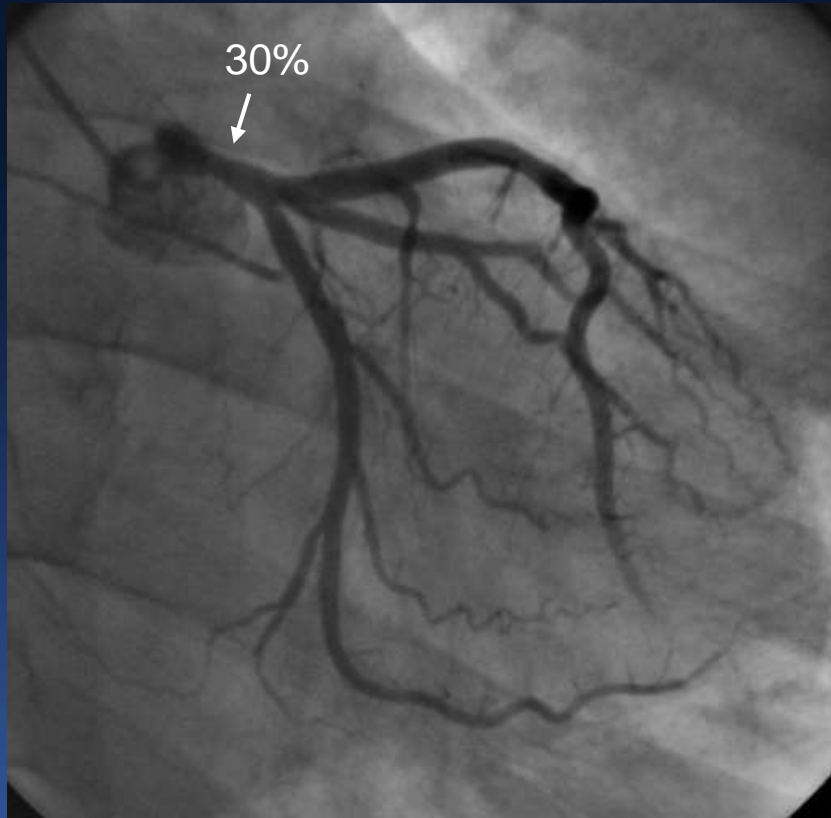
Professor of Medicine, University of Ulsan College of Medicine,
Heart Institute, Asan Medical Center, Seoul, Korea

Q1, Why FFR ?

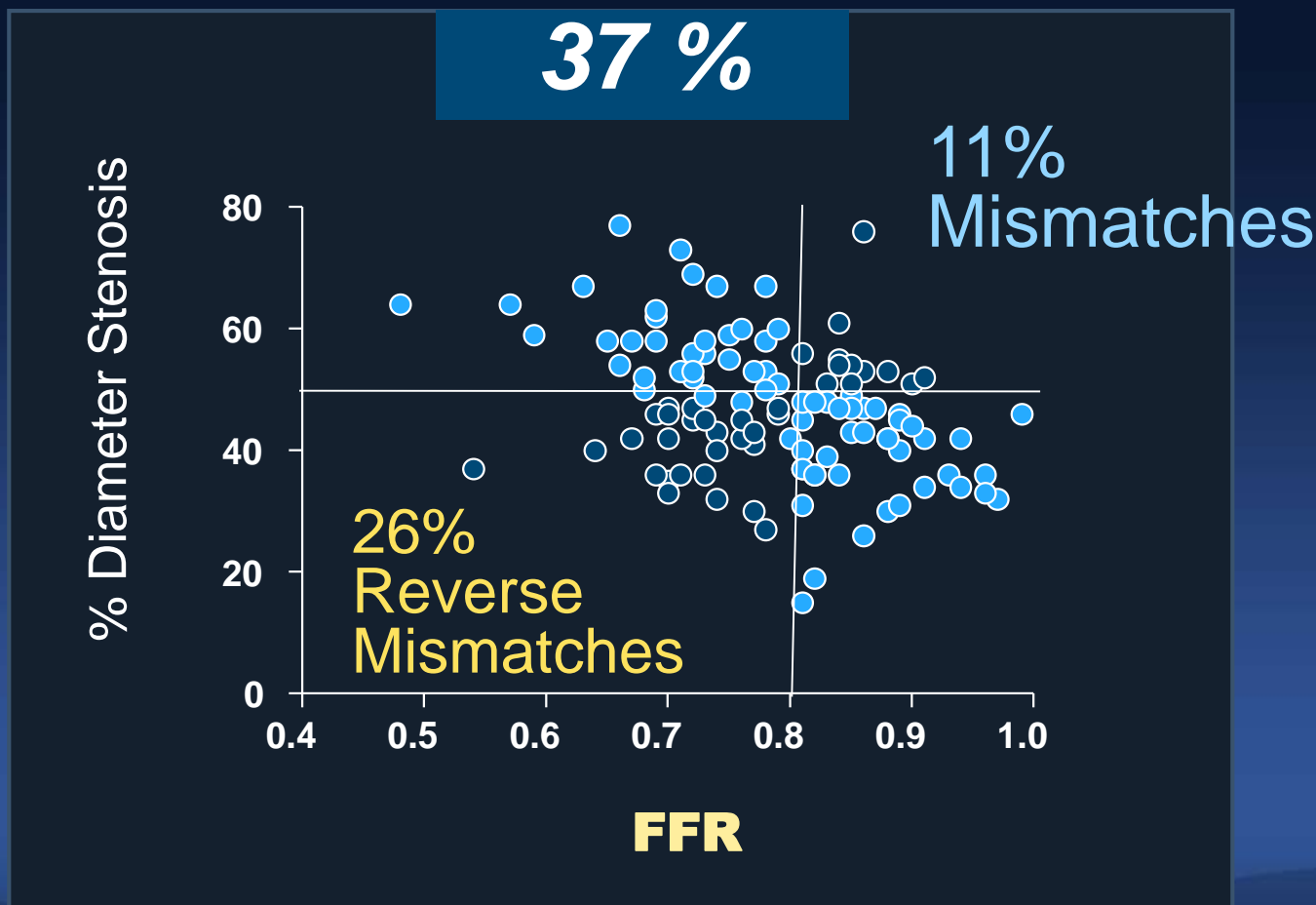
Significant Stenosis, *Negative FFR, 0.80*



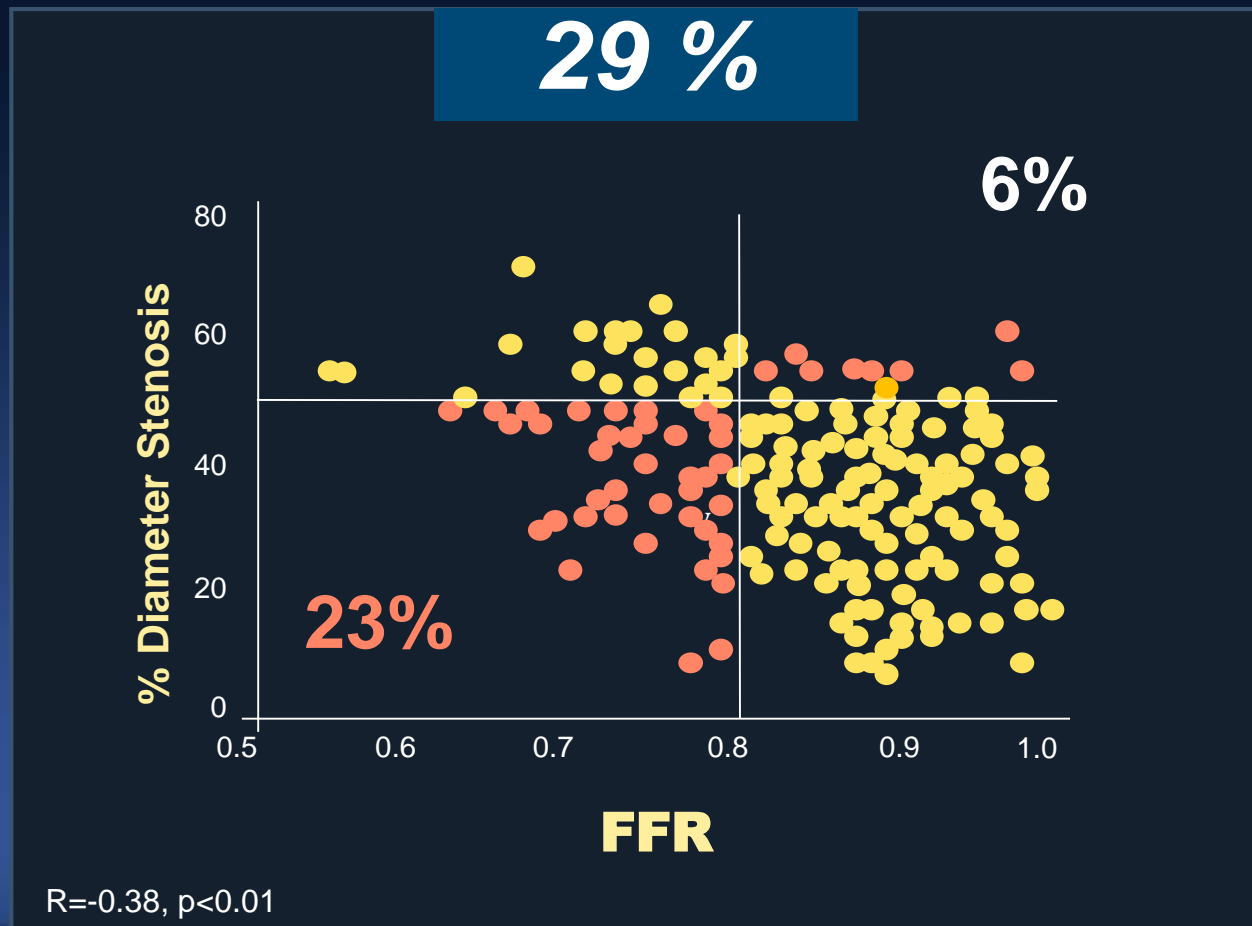
Insignificant Stenosis, *Positive FFR, 0.70*



Intermediate LM Disease, Os/Shaft *Mismatches*



Intermediate LM Disease with Downstream Disease *Mismatches*



***FFR-Guided Means,
Ischemia Guided !***

***Angio-Guided Means,
No Ischemic threshold !
No Clinical Relevance !***

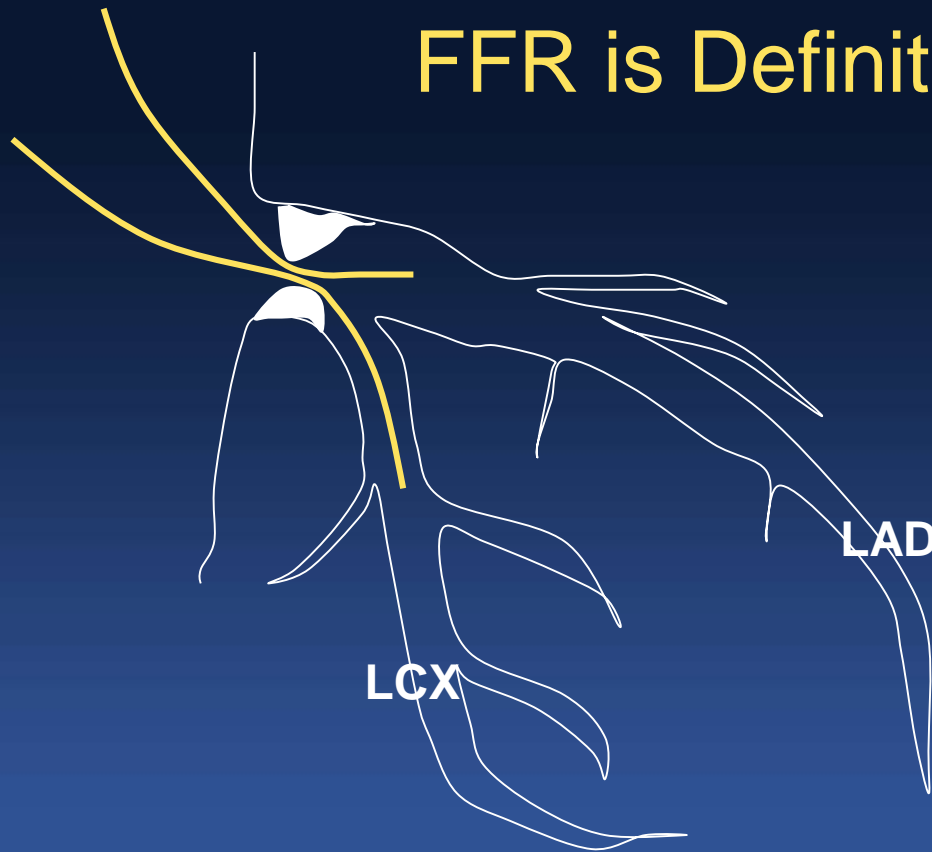
2018 ESC Guidelines for FFR

Recommendations	Class	Level
When evidence of ischemia is not available, FFR or iwFR are recommended to assess the hemodynamic relevance of intermediate-grade stenosis.	I	A
Revascularization of stenosis with FFR <0.80 is recommended in patients with angina symptoms or a positive stress test.	I	B
FFR-guided PCI should be considered in patients with multi-vessel disease undergoing PCI.	Ila	B
<i>Revascularization of an angiographically intermediate stenosis without related ischemia or without FFR <0.80 is not recommended.</i>	III	B

**Q2, How do I Implement FFR
for LM PCI ?**

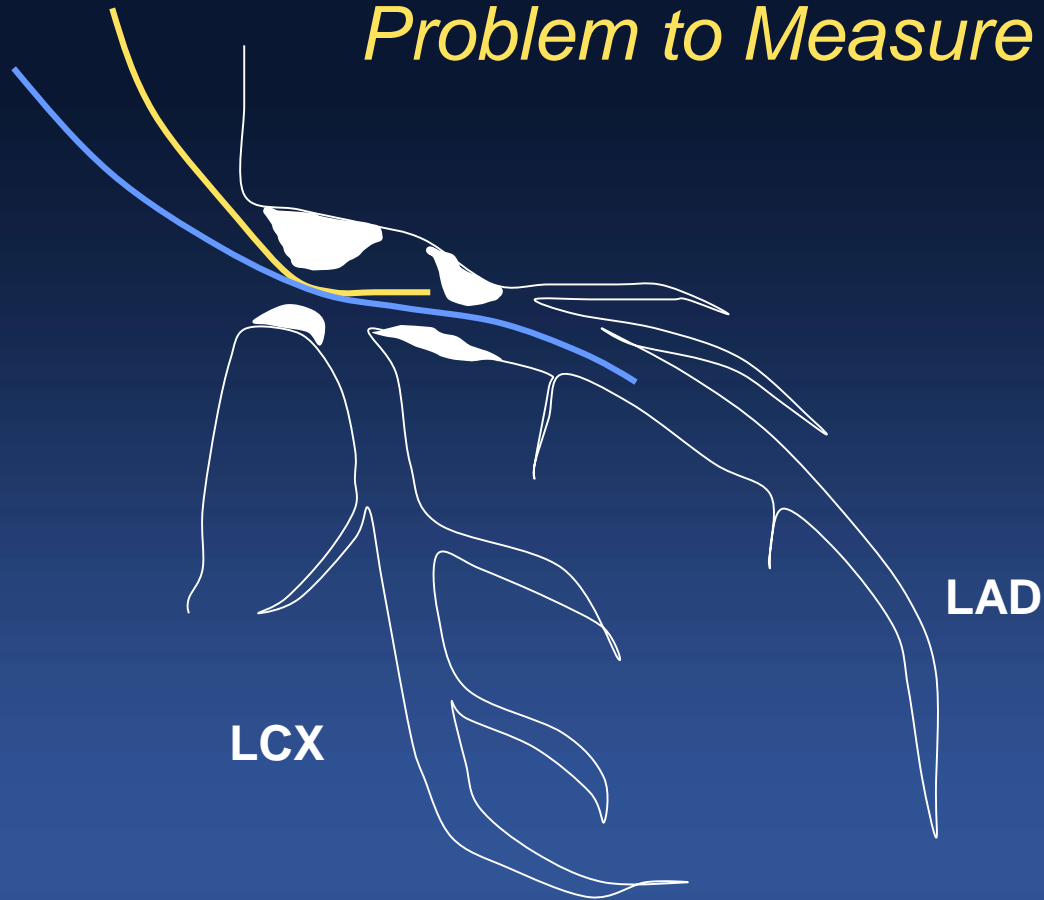
Ostial / Shaft LM Disease

FFR is Definitely Helpful.



Bifurcation LM Disease

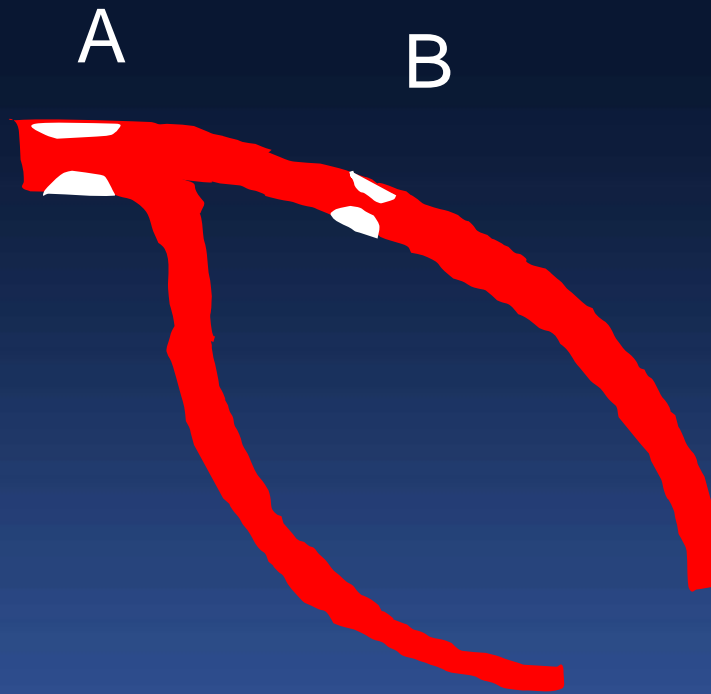
Problem to Measure FFR ?



Presence of Large LCX Side Branch,

Does It Really Matter ?

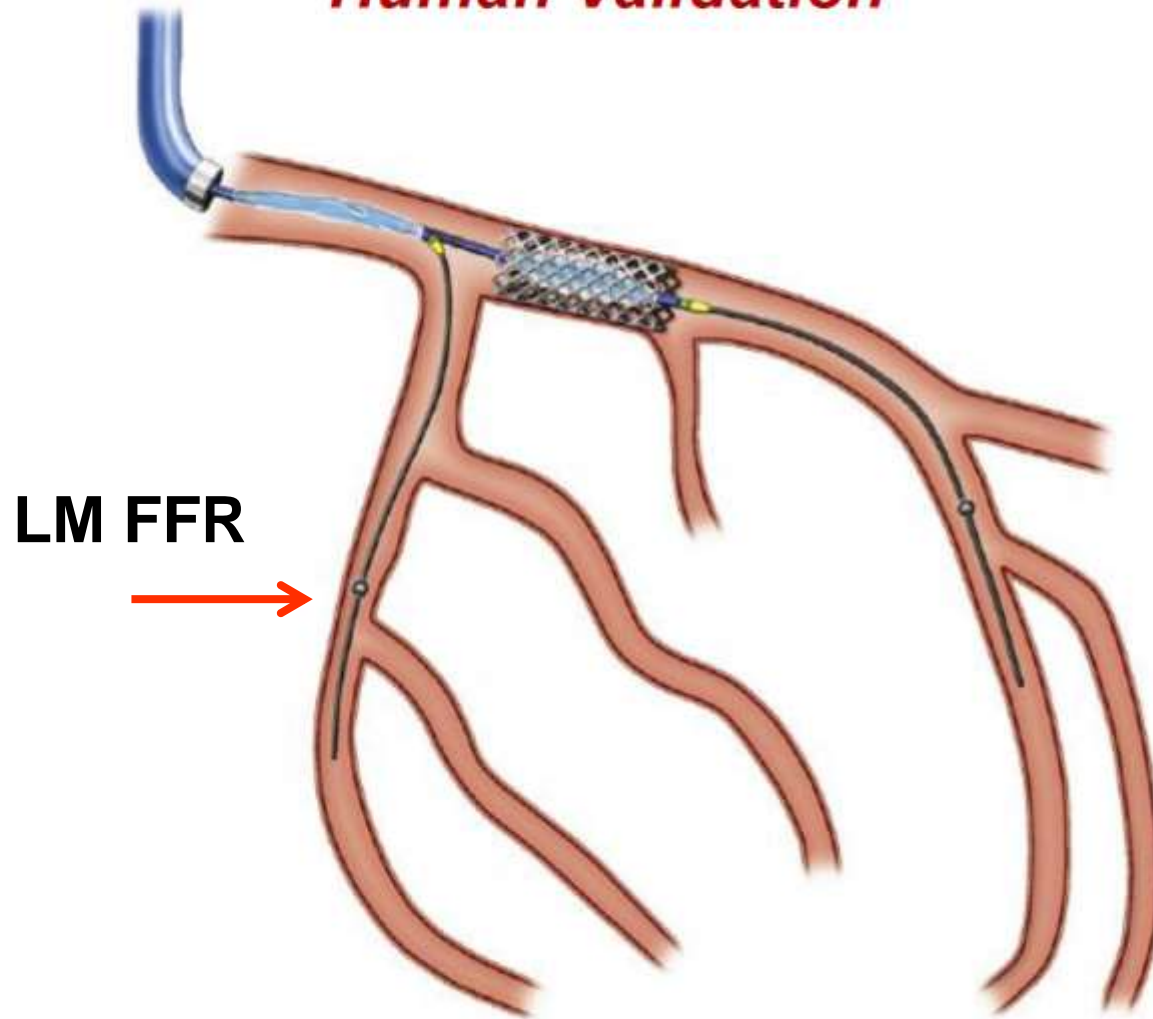
LM with Downstream Stenosis



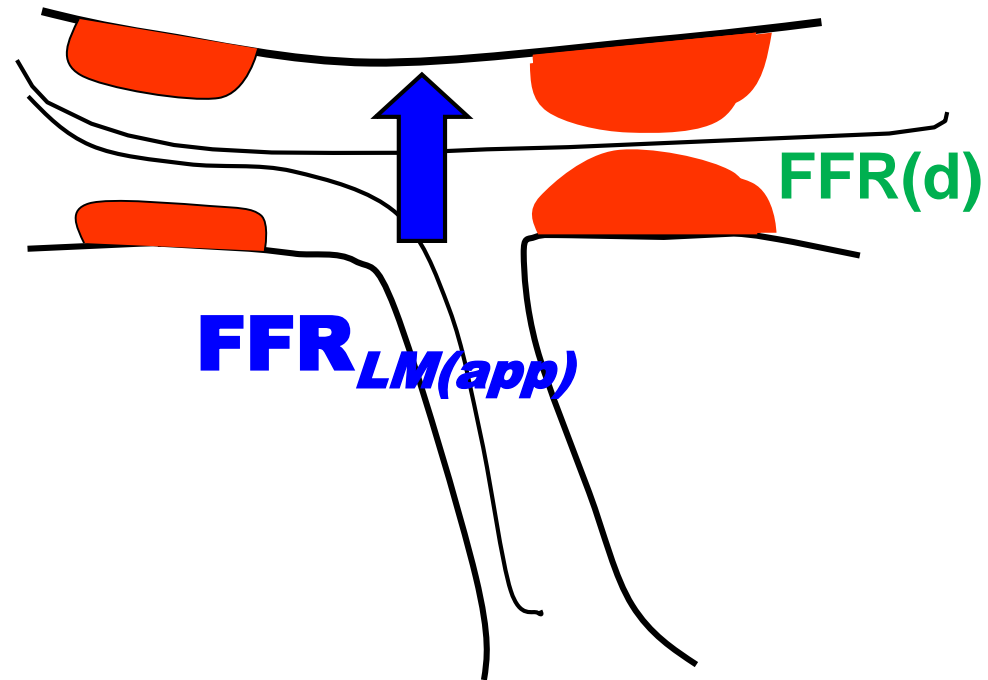
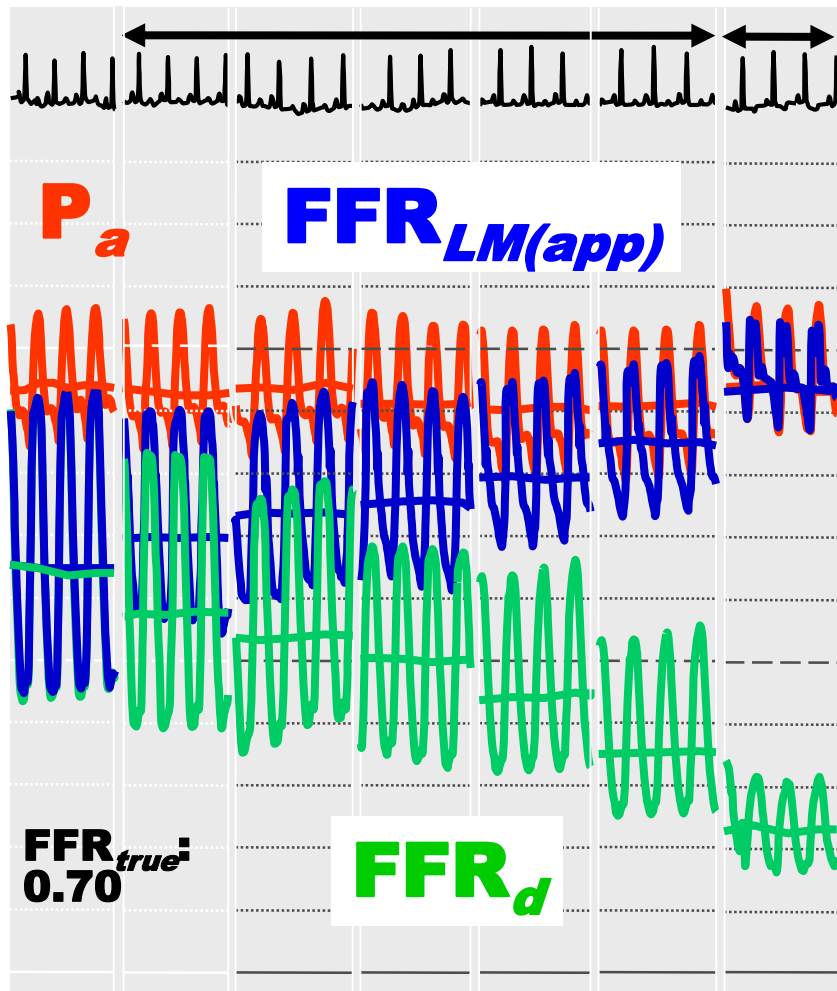
How Do I Implement the FFR ?

Effect of Downstream Stenosis on LM FFR:

Human Validation



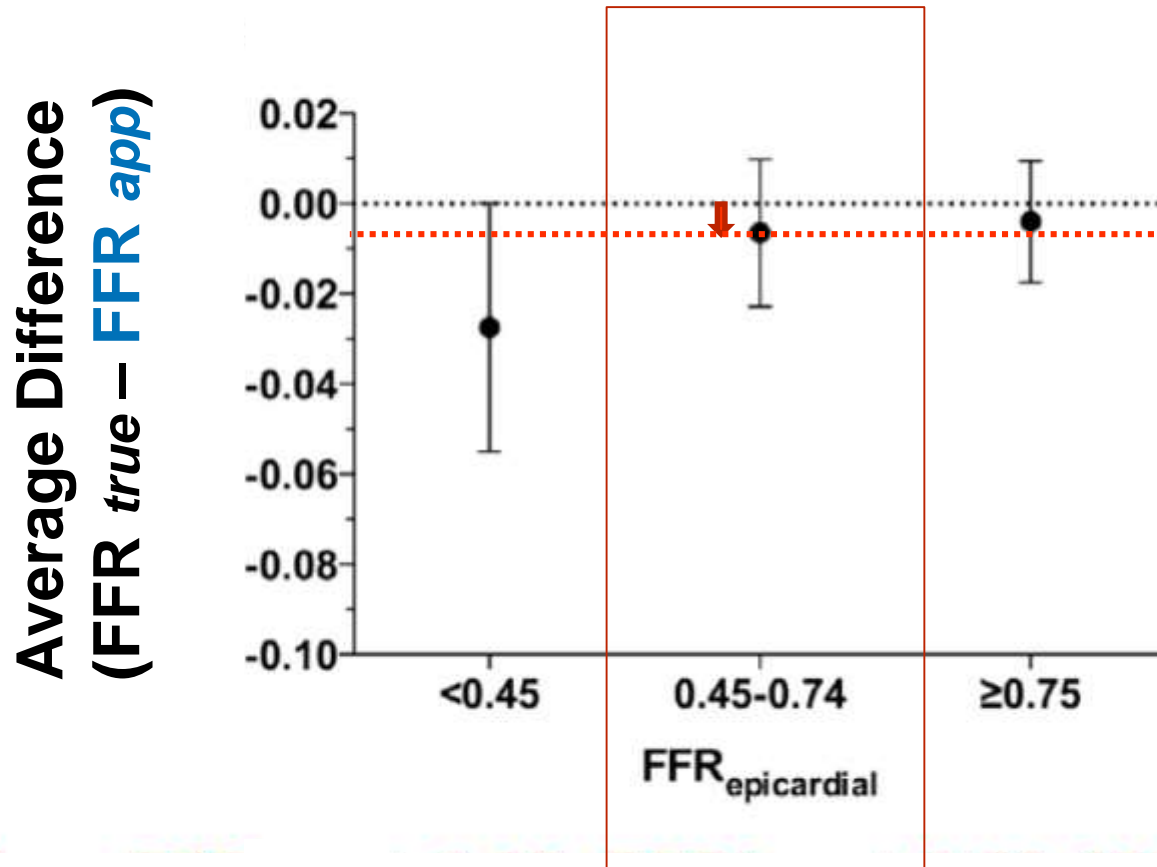
FFR_{LM(app)} *Would Be Overestimated*



Effect of Downstream Stenosis on LM FFR:

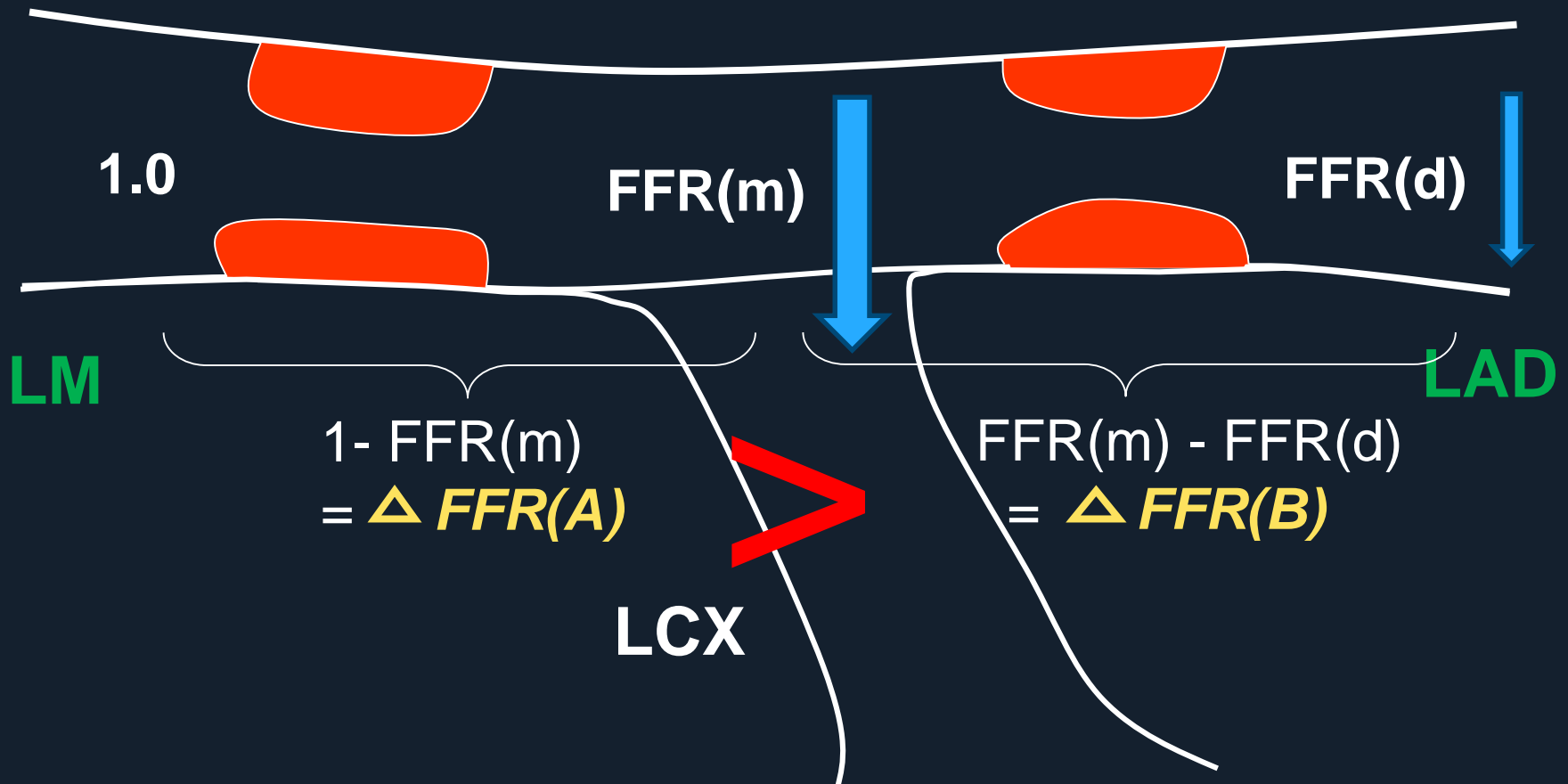
Human Validation

91 paired measurements obtained in 24 patients



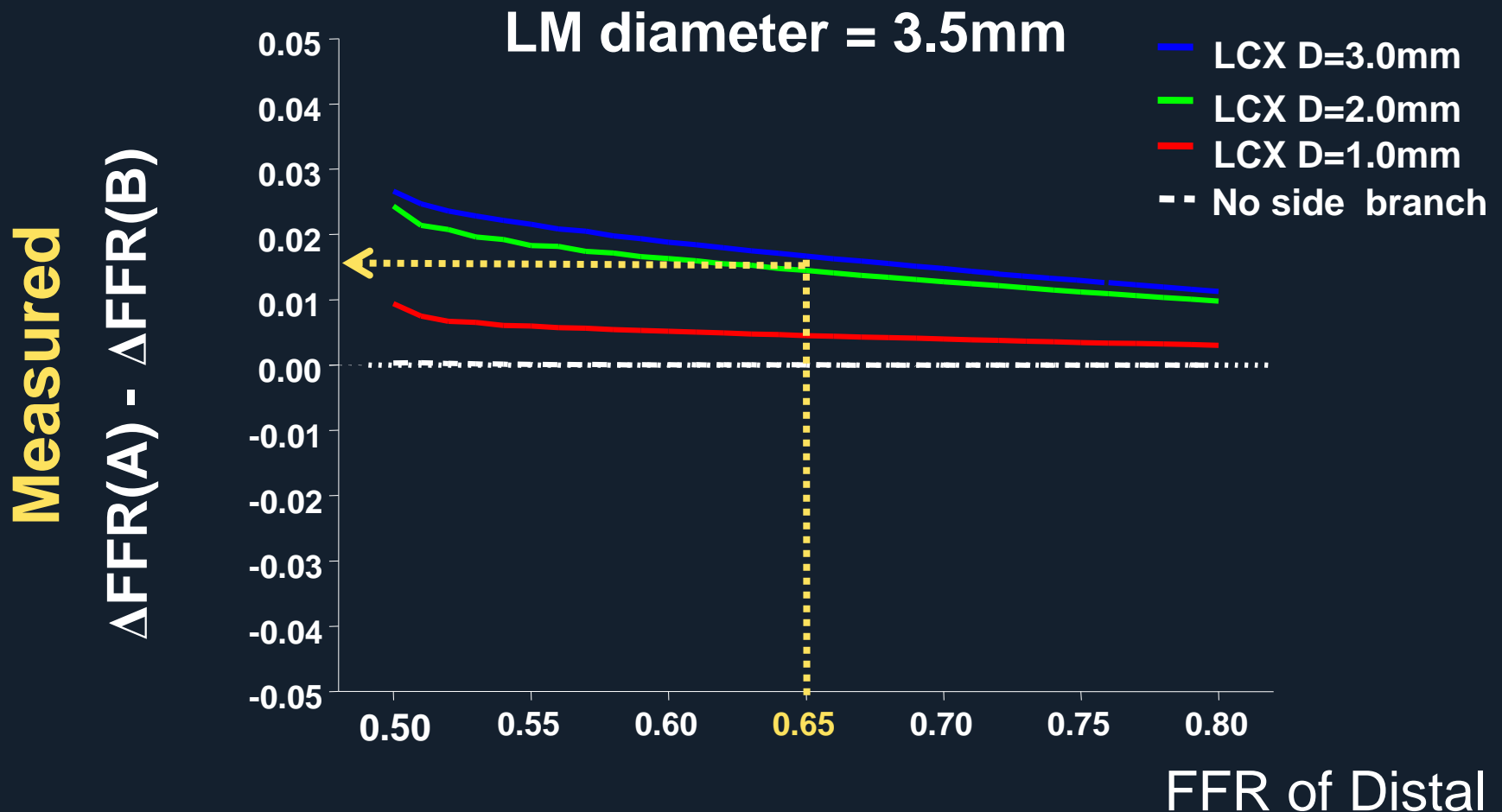
3-D Computed Simulation

**Measured ΔFFR Difference, ($\Delta FFR(A) - \Delta FFR(B)$)
Is Getting Bigger (Overestimated) !**



3-D Computed Simulation

In Presence of Side Branch, Measured ΔFFR Difference (A-B) Is Usually Overestimated



Effect of Large Side Branch on LM FFR

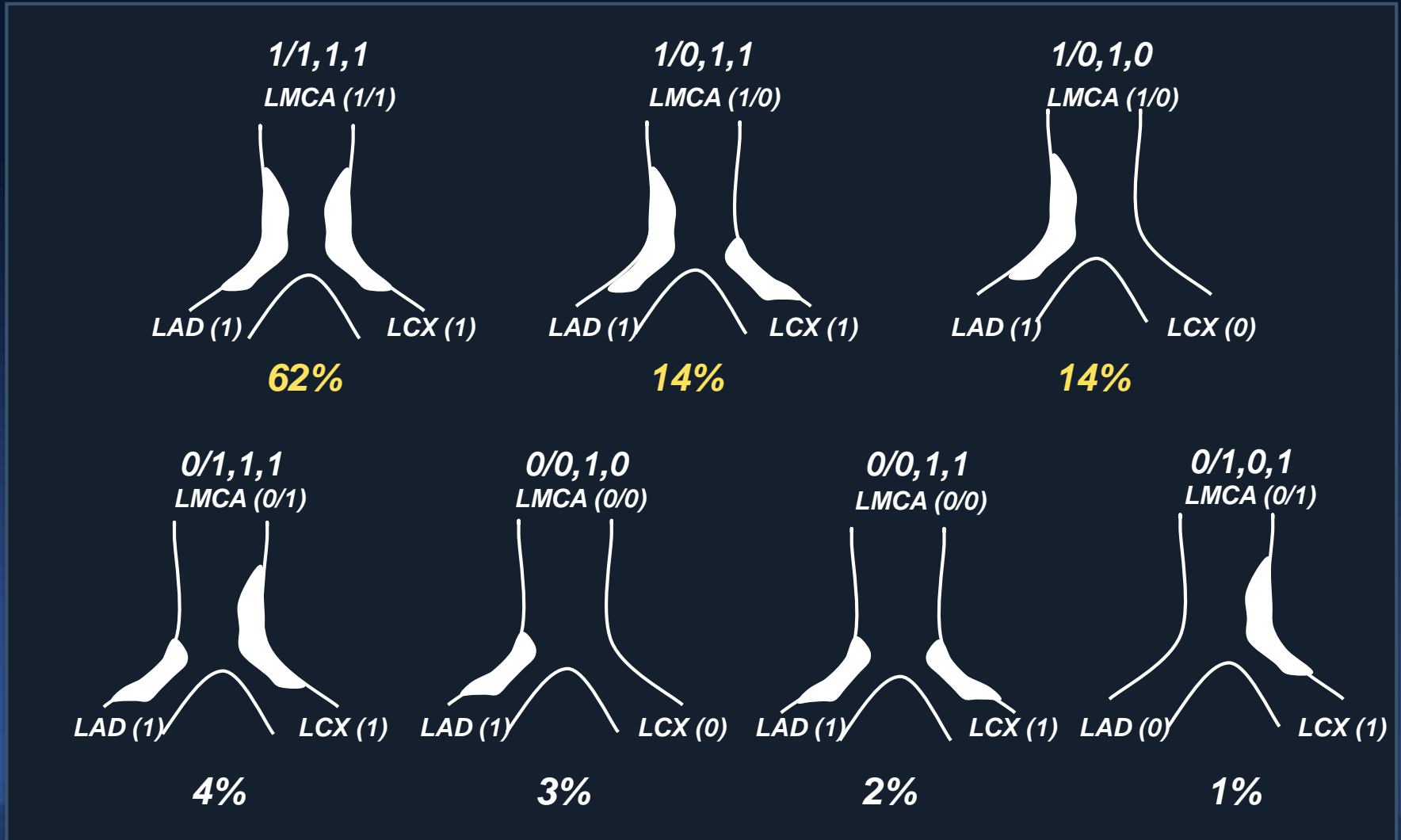
- 1.** In the Presence of Large Side Branch of LM disease, Measured $\Delta\text{FFR}(A) - \Delta\text{FFR}(B)$ is Usually Overestimated. ***However, the Difference is Very Small (0.01-0.02).***
(Human Validation Study, In Vitro and 3D Computed Simulation Studies Showed Consistent Findings)
- 2.** ***Therefore, the “Rule of Big Delta” Still Work in Real Practice.***

**Presence of
Large LCX Side Branch,
*Does It Really Matter ?***

No, It Does Not Matter !

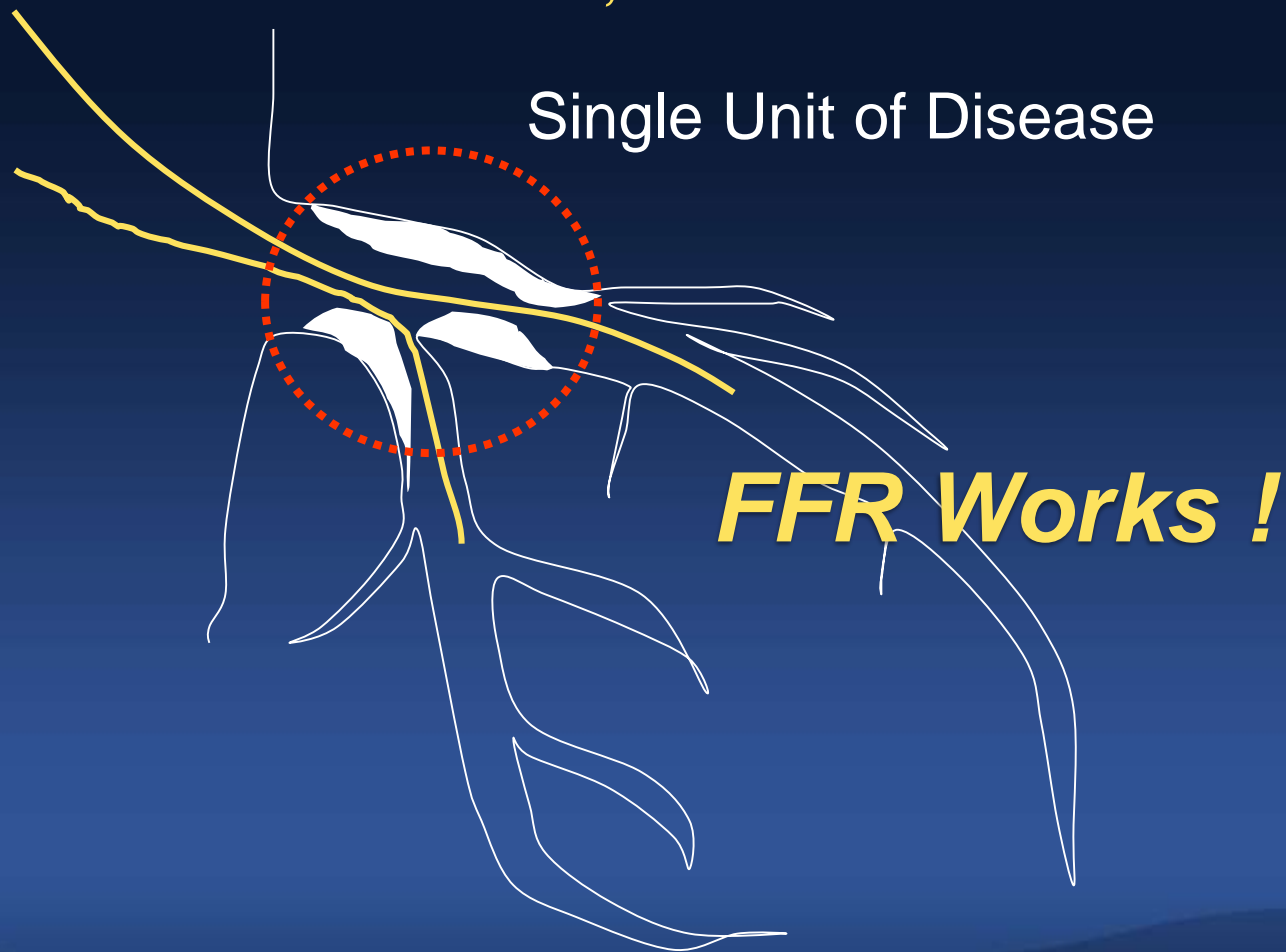
***In Reality,
Left Main Stem Stenoses are
Rarely Isolated !***

90% of Plaque, Extends from LM to LAD In LM Bifurcation Disease



FFR for LM Bifurcation

*If Transducer Placed Beyond Bifurcation
in both LAD and LCX,*

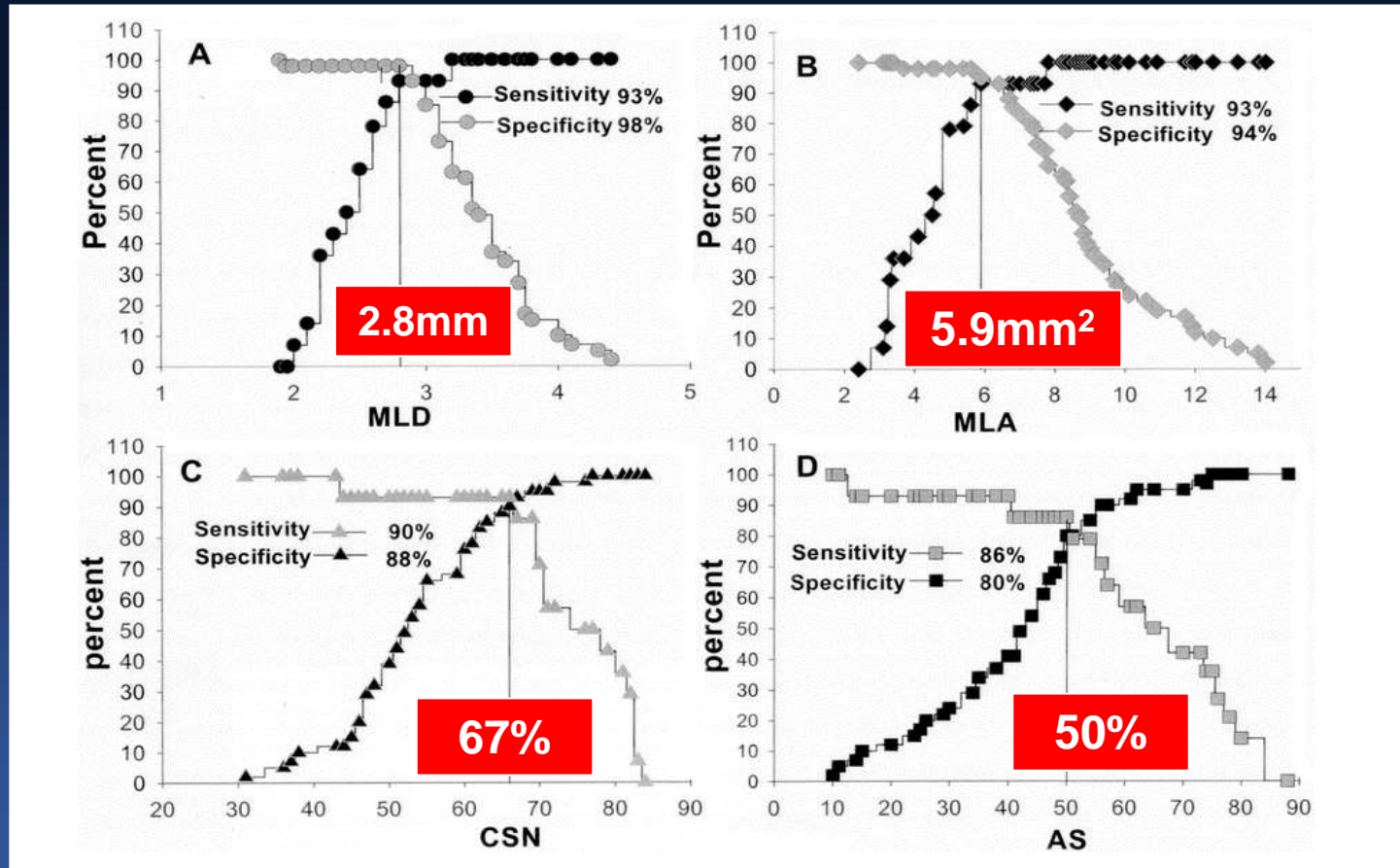


Q3, Strongly Recommended
IVUS Guided LM PCI (Class IIA)

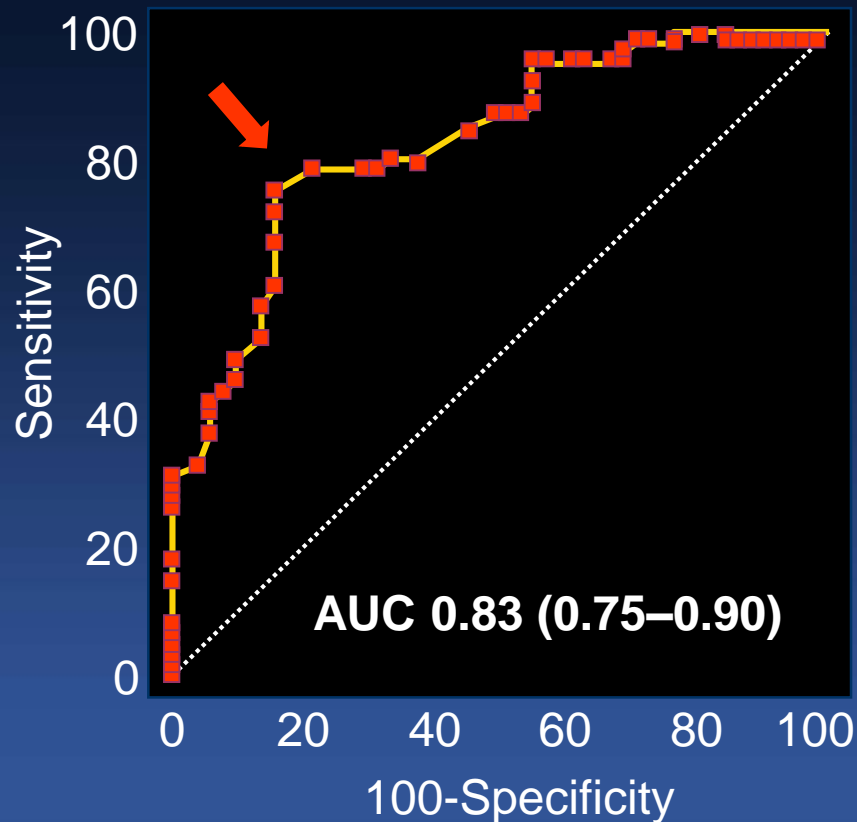
IVUS MLA Issue

*Can IVUS MLA Predict
Functional Significance of LM Stenosis ?*

MLA < 6.0 mm² matched FFR < 0.75 (n=55, LM disease)



MLA < 4.5 mm² matched FFR < 0.80 (n=112, Os and Shaft LM disease)

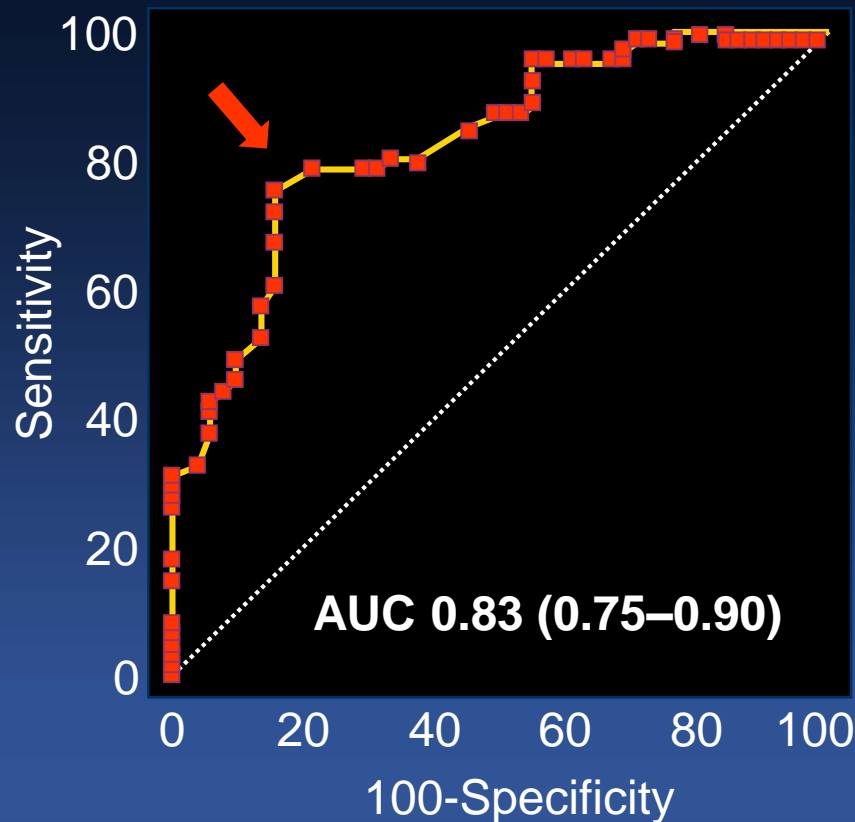


Cut-off = 4.5 mm²

Sensitivity	79%
Specificity	80%
PPV	83%
NPV	76%
Accuracy	80%

Can IVUS MLA (4.5 mm^2) Predict Functional Significance of LM Stenosis ?

Yes !

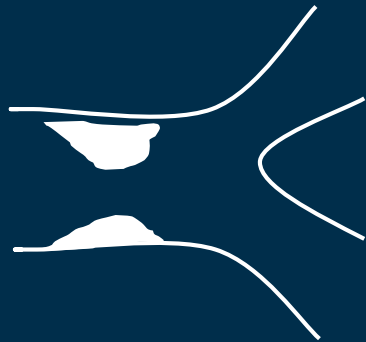


Cut-off = 4.5 mm^2

Sensitivity	79%
Specificity	80%
PPV	83%
NPV	76%
Accuracy	80%

How do I Implement ?

Ostial and Shaft LM Disease



< 4.5 mm²
Positive FFR

Bifurcation with Down Stream Disease

4.5~6.0 mm²
Consider FFR !

> 6.0 mm²
Negative FFR

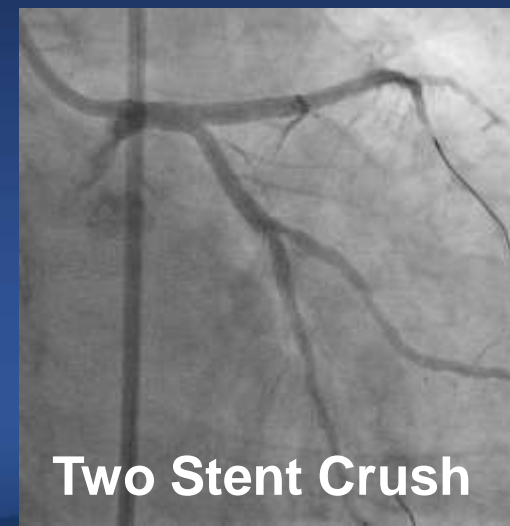
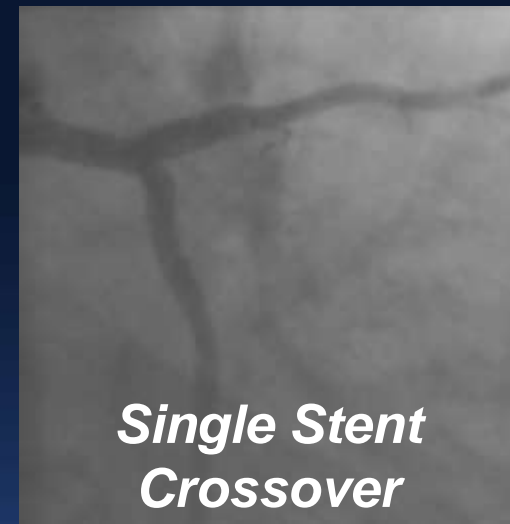
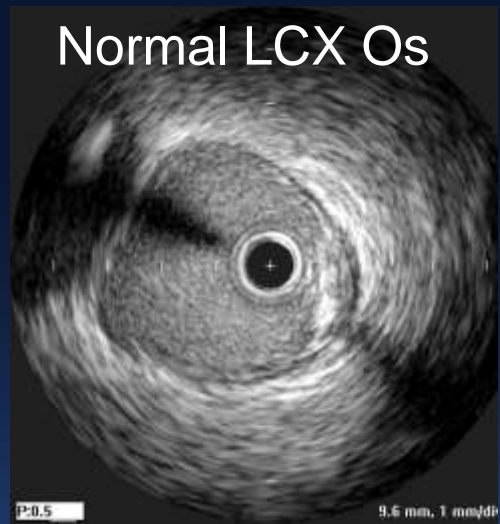
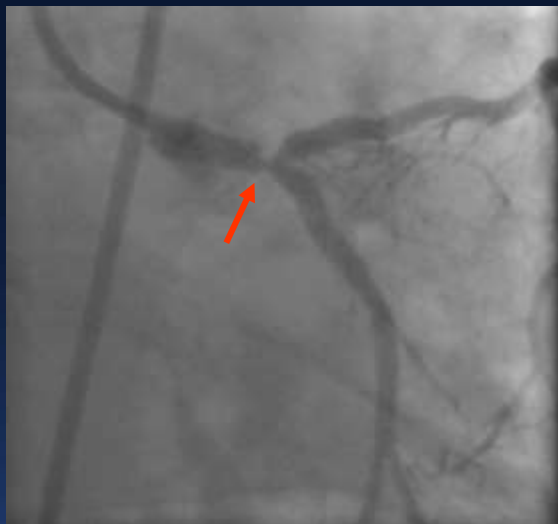
**Q4, 1 or 2 Stents
for LM Bifurcation Lesions ?**

LM Bifurcation PCI

1 Stent	<i>Normal or Diminutive LCX, (Medina 1.1.0., 1.0.0)</i> Small LCX with < 2.5 mm in diameter, Focal disease in distal LCX
2 Stent	<i>Diseased LCX, (Medina 1.1.1., 1.0.1)</i> Large LCX with ≥ 2.5 mm in diameter Diseased left dominant coronary system Diffuse disease in distal LCX

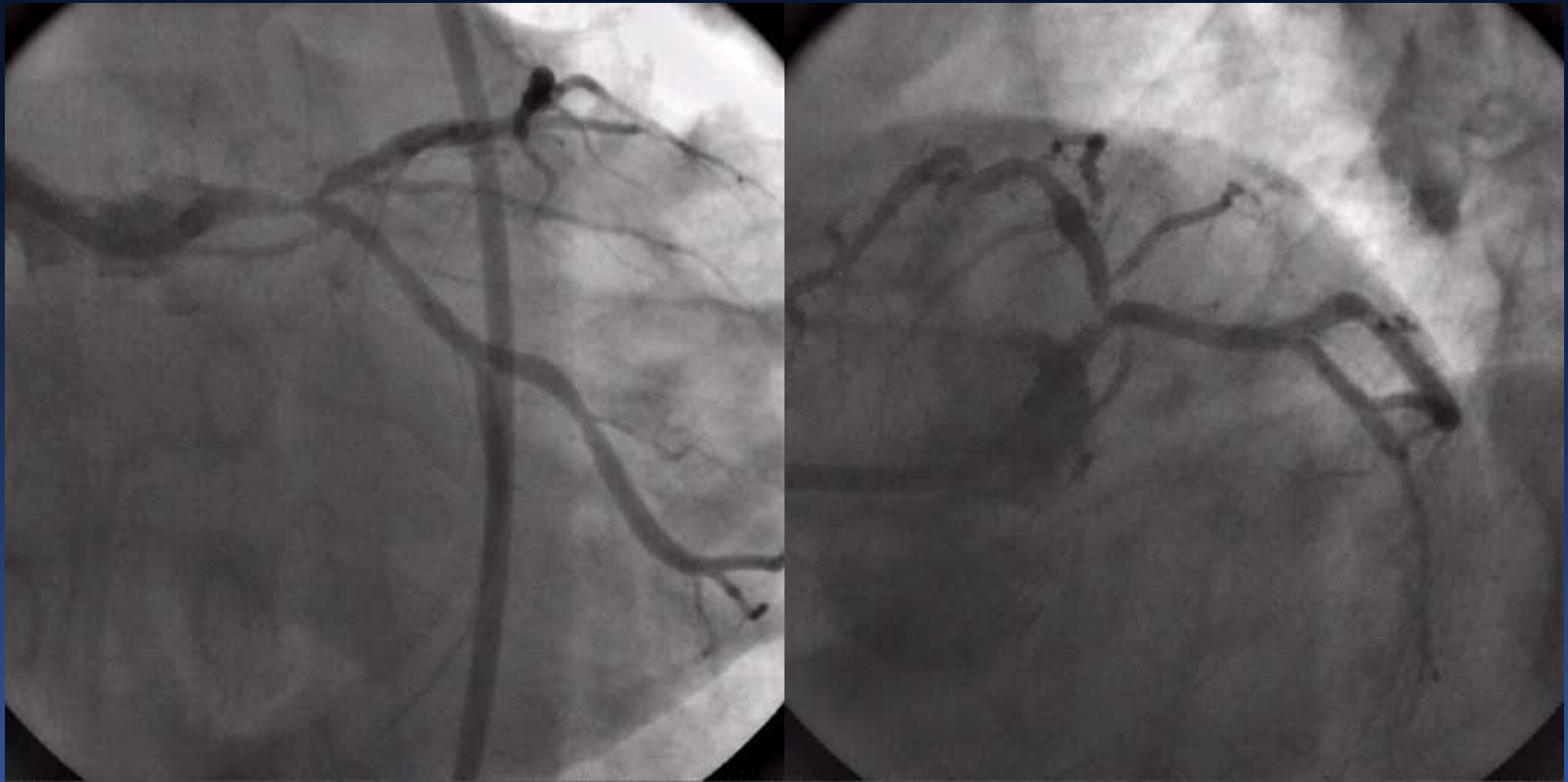
IVUS Guided LM PCI

1 or 2 Stents According to LCX Disease by IVUS

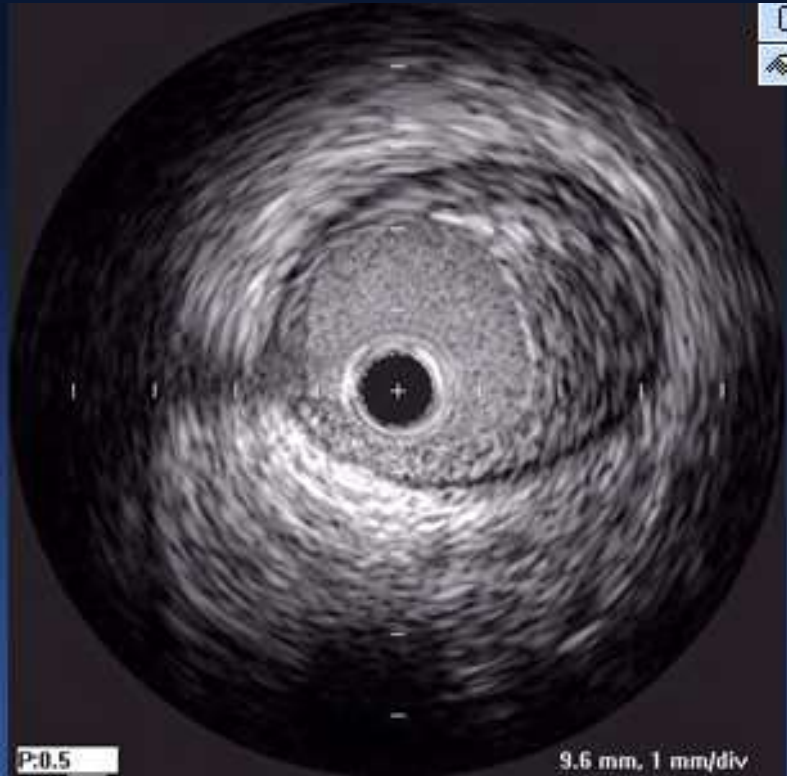


1 Stent for Normal LCX

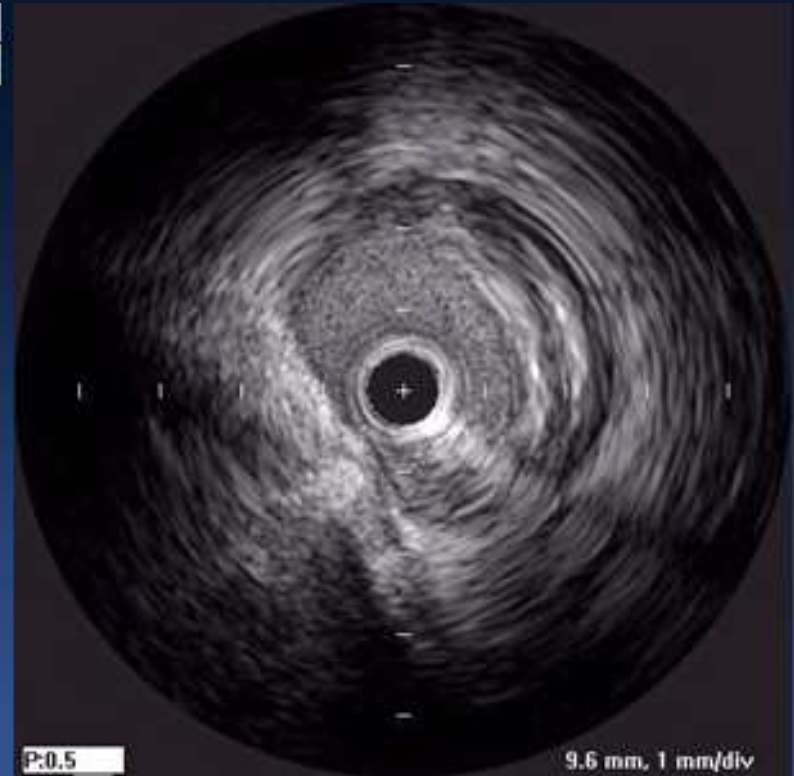
72/M, Unstable angina,



IVUS

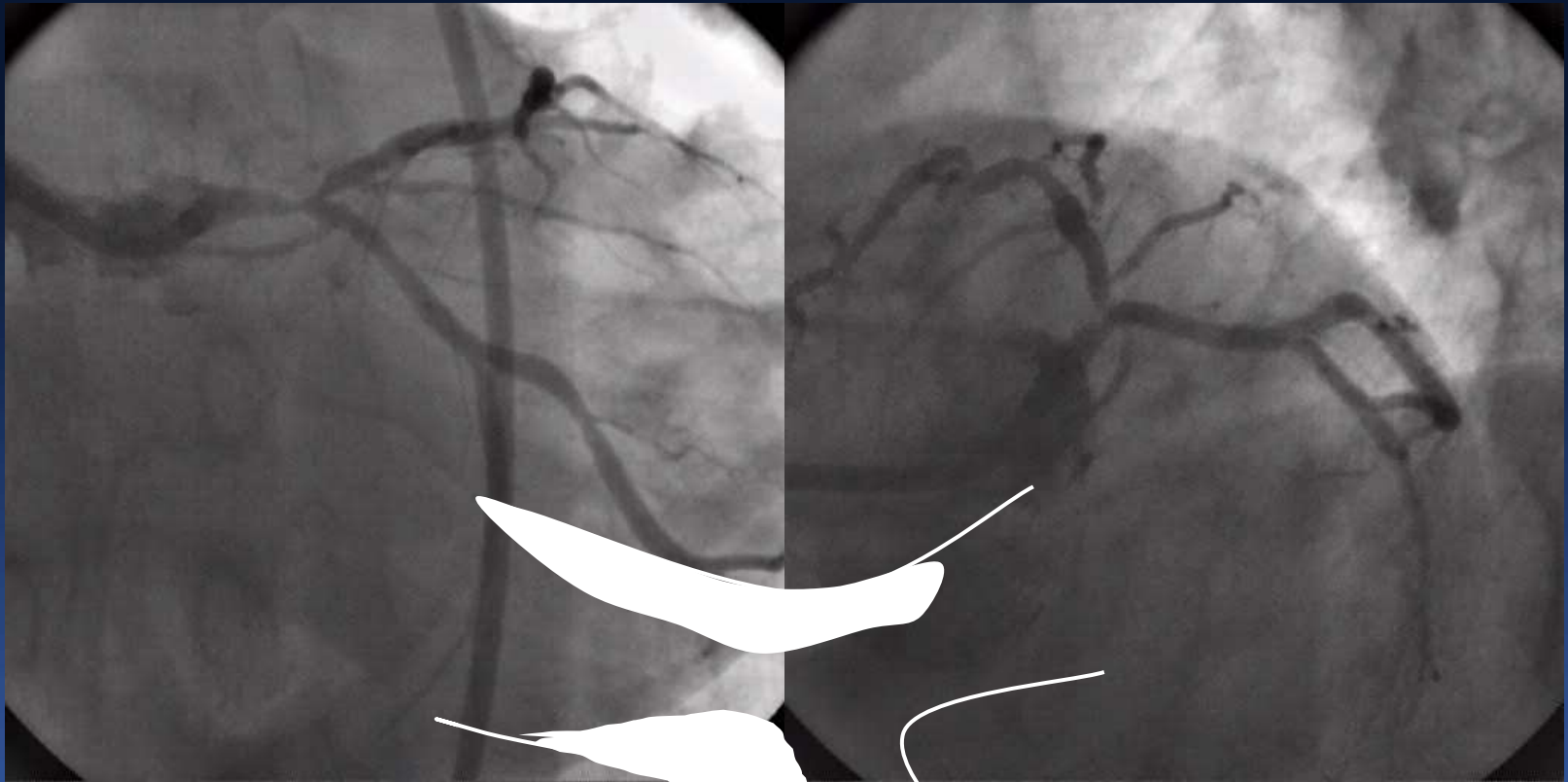


LAD Ostium

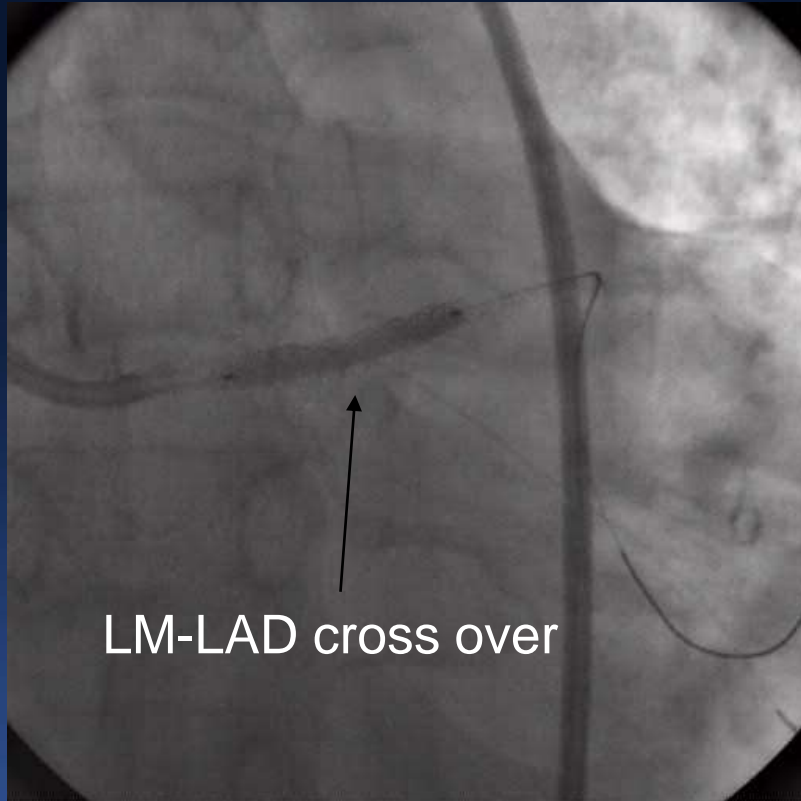


LCX Ostium
Minimal-disease

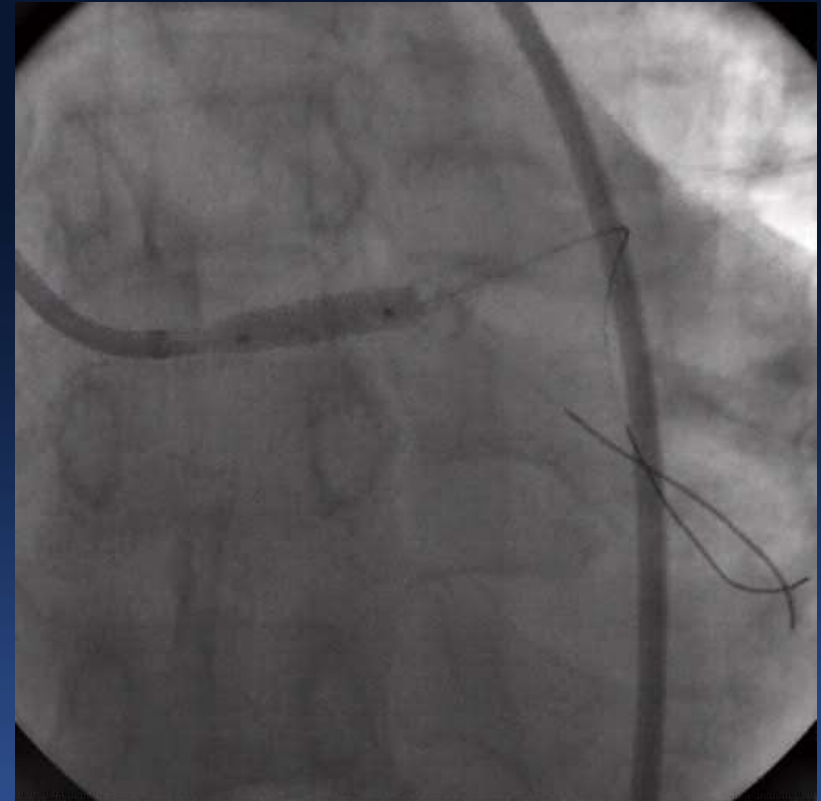
72/M, Unstable angina,



1 Stent

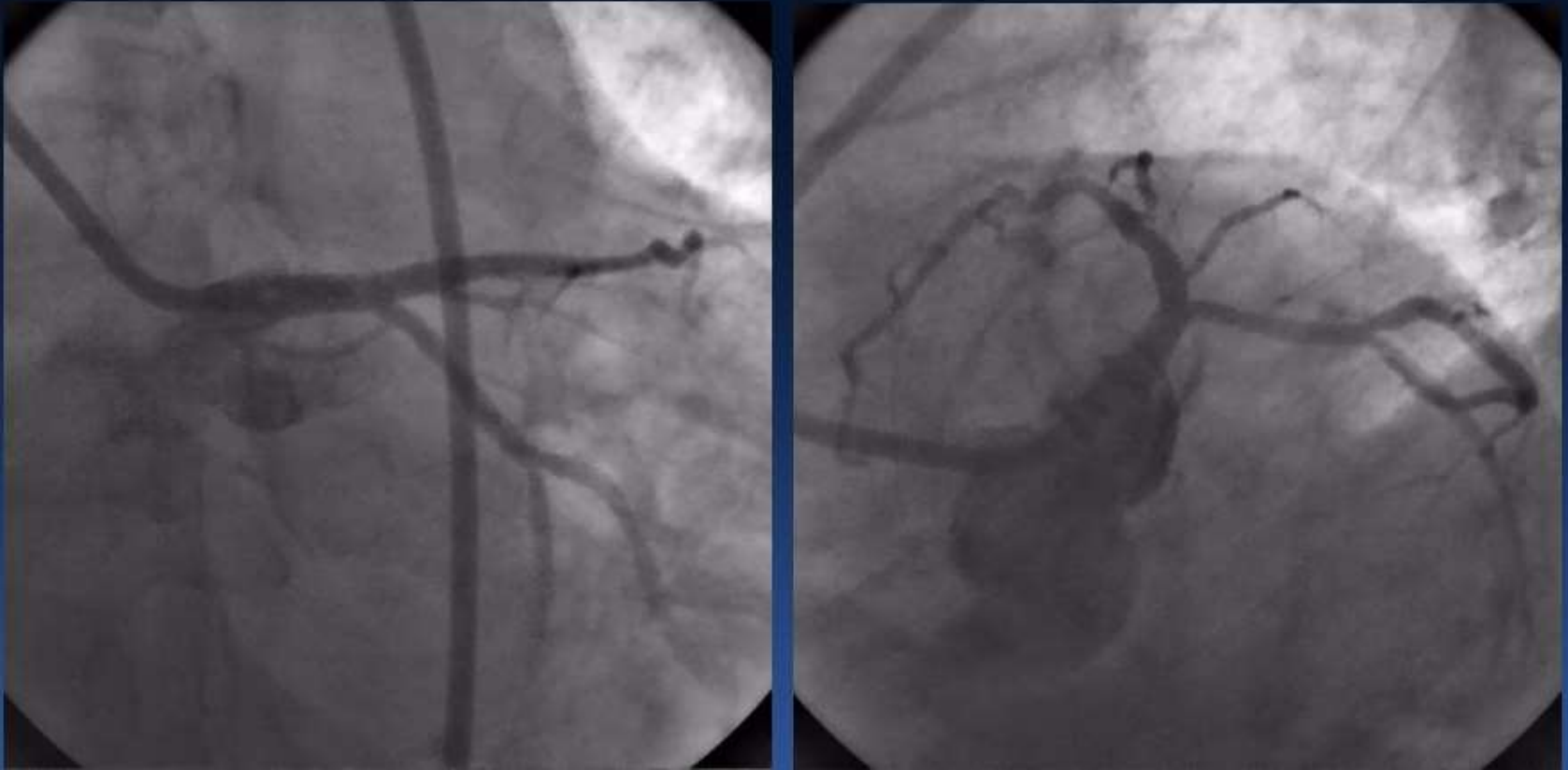


DES 3.5 × 23 mm



Additional high pressure
Inflation with 4.0 mm
non-compliant balloon

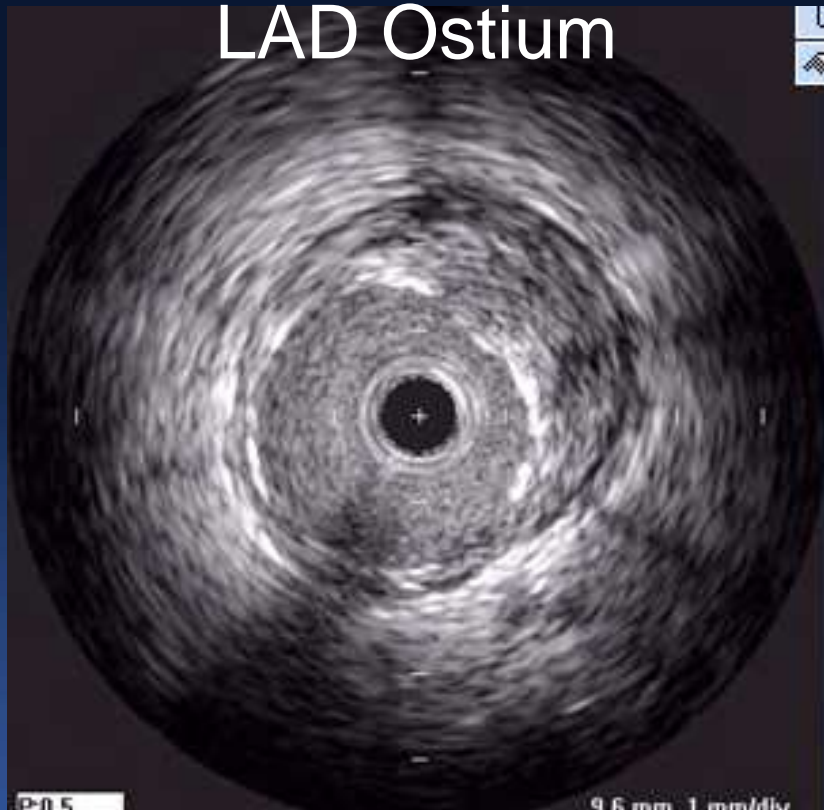
Angiographic Result Is Perfect !



No significant compromise of LCX ostium.

Post stent-IVUS

LAD Ostium



Good Stent Expansion
Stent Area 6.2 mm^2

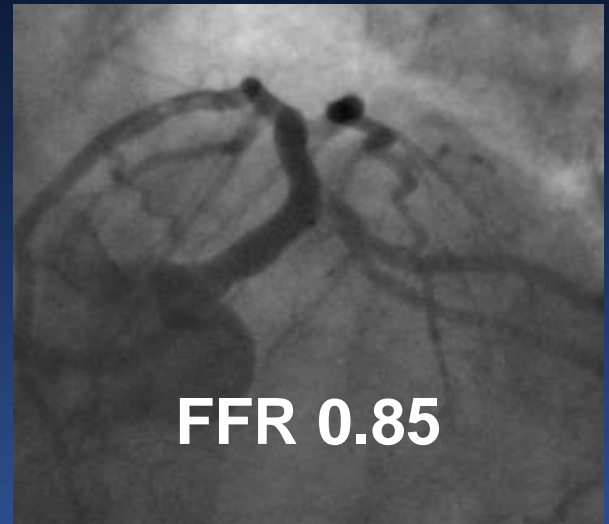
LCX Ostium



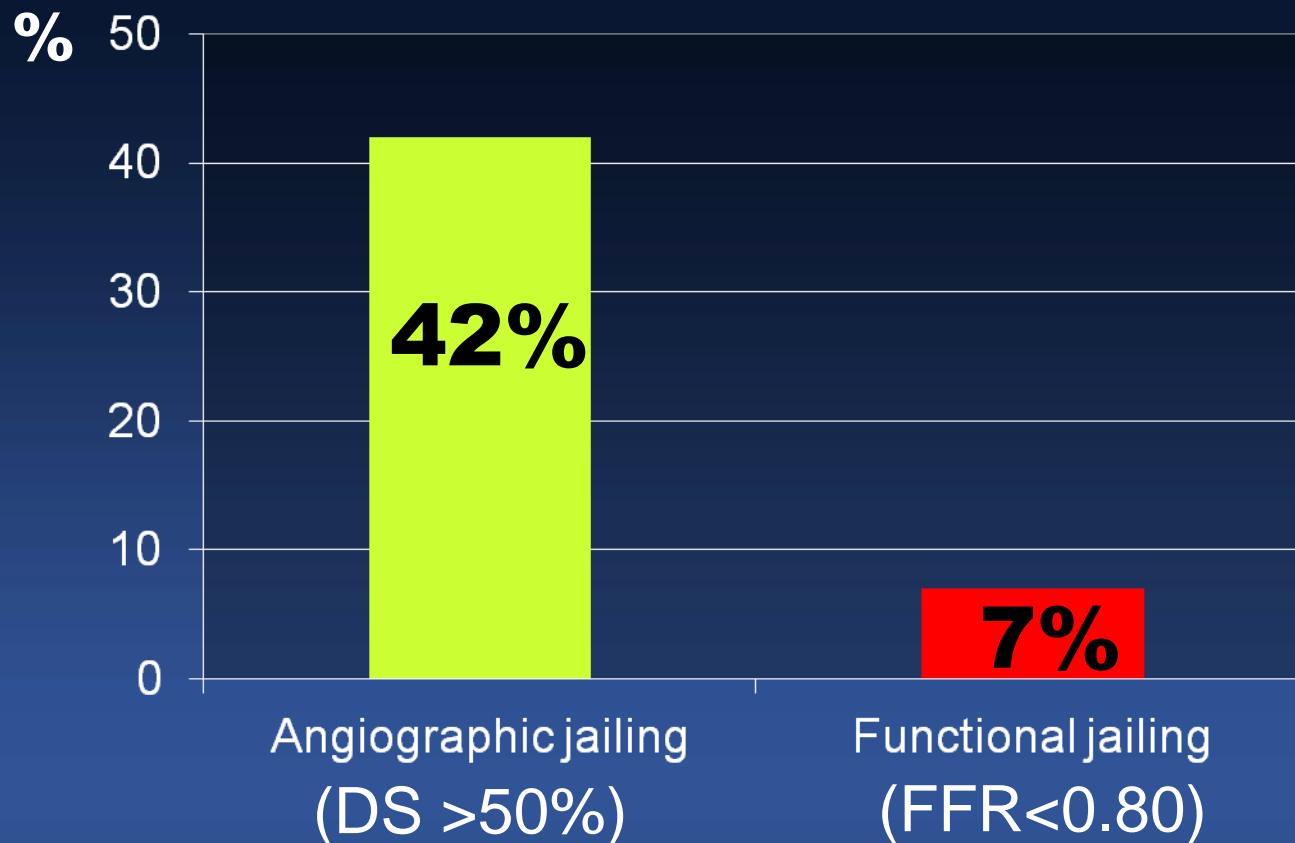
No Carina Shift
MLA 4.7 mm^2

Any Jailing Morphology Cannot Predict Functional Significance of Jailed LCX

Jailing LCX After Stent Cross-Over

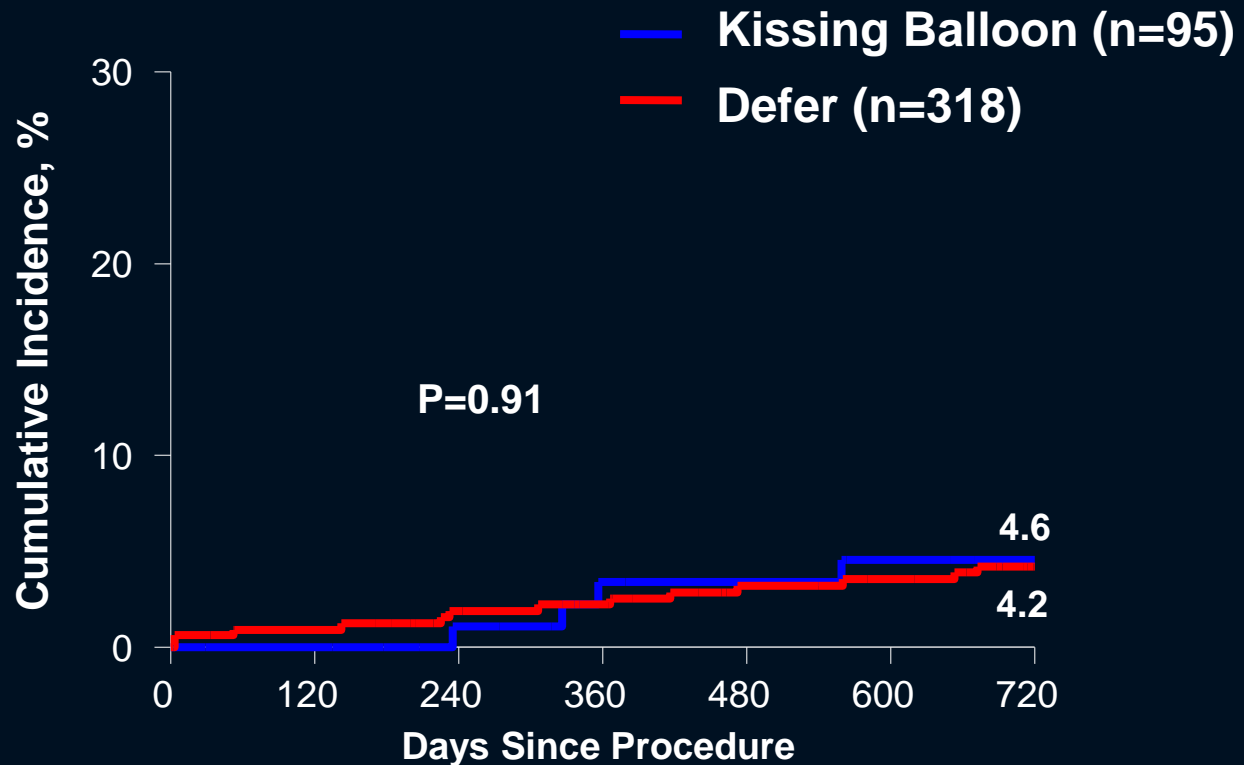


After Stent Crossover Normal Looking LCX, Functionally Significant LCX Jailing Is Only 7%



Death or MI at 2 Years

Jailing LCX Defer Is Safe and Good !



No. at Risk

FKB

95

85

80

No-FKB

318

300

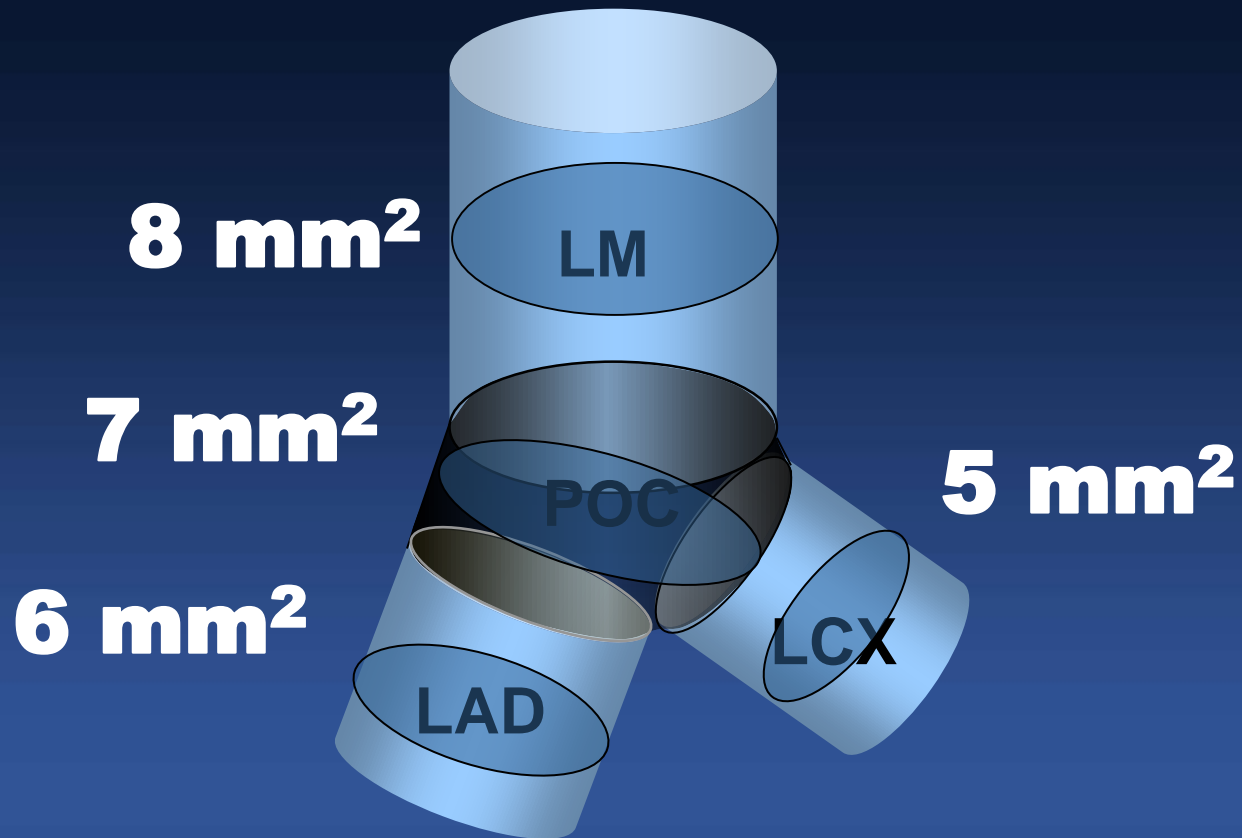
278

2 Stents for True Bifurcation

Whatever, Any 2 Stent Techniques

- Mini-crush (or step crush), DKC
- T-stent, modified T-stent or TAP
- Culotte
- V-stent
- Y-stent (SKS-simultaneous kissing stents)

Effective Stent Area (5,6,7,8 mm²) Can Make A Good Clinical Outcomes *Restenosis < 5%, TLR < 2%*



Practical Guideline LM Bifurcation PCI

Single Stent

(75%)



After Stent Cross-Over

Any 2 Stents

(25%)



How to Optimize ?

- Do You Want to Treat the Jailed Side Branch ?
- How to Treat ?

IVUS Minimal Stent CSA Criteria 5-6-7-8 mm²
May Improve Long-term Clinical Outcomes.

Left Main PCI; *Concept to Practice*

- 1. FFR Guided Decision Making**
- 2. IVUS Guided Optimization**



Thank You !!

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